



YMCA of Greater Toronto

POSITION VACANCY

**HEALTH EDUCATOR
(GROUP FITNESS)**

(Full Time Salaried Contract – 8 months)

Grade: 7

Starting Salary: \$30,912

Effective: Immediately

Reports to: Health and Fitness Programs Supervisor

Location: Markham YMCA St. Rudy Bratty YMCA Centre

Why work for our Y?

YMCA of Greater Toronto aspires to be a great work place through an environment that embraces diversity and social inclusion, valuing differences and supporting full participation by all employees. The YMCA provides more than 4,000 employees with meaningful jobs and the opportunity to make a difference in the lives of individuals and the health of our communities. The YMCA works to build healthy communities. This is achieved through a shared culture and values. We recognize the contributions of our staff through innovative practices, great benefits and growth opportunities.

Nature & Scope:

The Markham YMCA St. Rudy Bratty YMCA Centre currently has a membership base of more than 10,000 members, including children, youth and adults that represent the diversity of Toronto and its communities. The staff and volunteers at the Markham YMCA provide high quality programs and service to those members through a variety of health, fitness, recreation, and community programs.

The Health Educator will be in the direct delivery of Health, Fitness and Recreation programs including Group Fitness Classes and Aquatics Programs. The position ensures that Health and Fitness programs meet all YMCA standards and as a member of our program team, assists in the delivery of Individual Conditioning, MY fitness, Personal Training and Supervision in the Conditioning Gym.

Responsibilities:

Provides leadership to group fitness classes including: Cyclefit, Step, Aqua fitness, Boxfit, Arriba, Muscle Work, Barre etc. Teach a variety of classes. Assist in the delivery of the YMCA Fitness Leadership Program. Provides quality service to members in the conditioning room. Helps develop and implement group fitness classes for the ¼ program schedule. Oversees and develops opportunities for current instructors to receive CEC through a series of fitness related workshops.

Assists the Group Fitness Supervisor in recruiting, training, evaluating and coaching staff and volunteers to teach and deliver Group Fitness Classes at the YMCA. Directly responsible for keeping the YMCA Audit Binder up to date.

Monitors the safety of all activities and programs throughout the duty period and responds immediately to rectify any safety concerns. Ensures the safety of all members, property and staff by following established Workplace Health & Safety practices and procedures.

Present during the entire duty period and circulates through all program areas in rotation to ensure the above stated objectives are being met, ensuring visibility and approachability while on duty and maintains a strong presence to staff / volunteers and the YMCA members.

Supports the staff team in the role of Service leader (or Acting General Manager), always representing the Markham YMCA St. Rudy Bratty YMCA Centre and the Association in a professional manner.

Demonstrates appropriate behaviours in line with our Mission, Vision and Values as reflected in our YMCA competencies; takes a member focused approach to increase their understanding of programs offered across the Association. Represents the YMCA and the Association in a professional manner.

Understands the legal responsibilities and moral imperative to report suspected child abuse to Children's Aid Society.

Understands the importance of the volunteer staff partnership and integrates the value of philanthropy and volunteerism in dealings with members, volunteers, donors and staff.

Other duties as assigned.

Qualifications:

- Enrolled in or completion of a University or College program, majoring in Kinesiology, Physical Education, Recreation Leadership or related field preferred.
- YMCA or other nationally recognized fitness instructors certification
- Ability to teach a variety of group fitness classes
- Current First Aid/ CPR certification
- Competency in basic business technology applications
- Strong organizational skills
- Well-developed interpersonal, and relationship building skills; ability to establish rapport and excellent communication with members, staff and volunteers
- Excellent written communication skills
- Volunteer management/coordination an asset
- Experience and sensitivity in dealing with members of different cultural and racial backgrounds, including visible and non-visible dimensions of diversity
- Flexibility regarding assigned hours of work, particularly early mornings, as well as evenings and weekends when required.
- The position requires the following Association Competencies: advanced competence in: Effective Interpersonal Communications; being Member Focused; fundamental competence in: Ethics and Self-Management; Relationship Building and Partnering; being Results Focused; Teamwork and Collaboration; Valuing Diversity & Social Inclusion

**Please send cover letter and résumé quoting
job posting #430 by Friday, March 13, 2015 to:**

Patti Jensen
Health and Fitness Programs Supervisor
Markham YMCA St. Rudy Bratty YMCA Centre
101 YMCA Boulevard
Markham, ON L6G 0A1
Email: Patti.Jensen@ymcagta.org

Job offers are contingent upon the successful completion of a Police Records Check. Within the first four months and every two years thereafter, a Vulnerable Police Records Check is required.

The YMCA of Greater Toronto values the diversity of people and communities and is committed to excellence and inclusion in our Association.

We are committed to an environment that is barrier free. If you require accommodation during the hiring process, please inform us in advance to arrange reasonable and appropriate accommodation.

About the YMCA of Greater Toronto:

The YMCA of Greater Toronto is a dynamic charity offering opportunities for personal growth, community involvement and leadership. Our 2010-2020 strategic plans [*Strong Start Great Future*](#) calls upon our Association to invest in young people across their life stages to deliver on our vision of ensuring our communities will be home to the healthiest children, teens and young adults. This community health strategy includes a significant role for adults and older adults.

Mirroring the region's diversity, the YMCA offers a variety of programs responding to the needs of the community, including employment and essential skills, education, newcomer programs, youth outreach and intervention, fitness, sports and aquatics, international programs, child care and camps.

When you support the YMCA of Greater Toronto's Annual Giving, you help us ensure more children, youth and young adults have the chance to be healthy... and so much more. We believe that by providing our children with a strong start, they will have a great future. And, ultimately, strong, healthy children mean strong, healthy communities in the GTA for the years to come. www.ymcagta.org

