

## **Aqua Fitness Instructor – One Health Clubs**

*Mississauga Location*

*Availability: Weekday Mornings (9 AM – 11 AM) & Weekends*

Are you a passionate and energetic fitness professional who loves leading engaging water-based workouts? One Health Clubs is looking for a certified **Aqua Fitness Instructor** to join our dynamic team!

### **What You'll Do:**

- Lead fun, safe, and effective Aqua Fitness classes for members of all fitness levels.
- Create an inclusive and motivating environment that encourages member participation.
- Ensure proper exercise technique, alignment, and safety in the water.
- Engage with members to build community and enhance their fitness experience.
- Maintain a professional and positive attitude, upholding One Health Clubs' commitment to excellence.

### **What We're Looking For:**

- ✓ Certified Aqua Fitness Instructor (e.g., CALA, WaterART, or equivalent).
- ✓ Experience leading group aquatic workouts.
- ✓ Strong communication and motivational skills.
- ✓ Availability for **weekday mornings (9 AM – 11 AM) and weekends**.
- ✓ Lifeguard certification is an asset but not required.

### **Why Join One Health Clubs?**

- A supportive and vibrant fitness community.
- Access to state-of-the-art facilities.
- Competitive pay and opportunities for growth.

If you're ready to make waves and inspire our members in the pool, we'd love to hear from you!

 **Apply Today!** Send your resume and certifications to [cjenish@onehealthclubs.com](mailto:cjenish@onehealthclubs.com)