

Fairview Centre for Community Health & Wellness

JOB POSTING

JOB TITLE: Part Time Pool / Fitness Instructor

WORKING RELATIONSHIPS: Reporting to the Pool Lead and Centre Manager, the Pool / Fitness Instructor will be part of the Centre Program Team and work with the pool and fitness staff to assist older adults 55+ reach their health goals.

QUALIFICATIONS:

1. Current National Lifesaving Society Certification (NLS) or Bronze Cross
2. Current First Aid and CPR Certification;
3. Experience leading exercise programs or group classes
4. Experience working with seniors or older adult population an asset
5. Good communication skills, warm friendly personality, superior customer service skills

RESPONSIBILITIES:

1. Provide aqua-fit programs, rehabilitation exercises and guidance to pool participants
2. Support and motivate others to achieve their health and fitness goals
3. Welcome and educate members to the pool
4. To serve as an effective member of the Centre program team
5. To adhere to Fairview philosophy

Please submit resume to Tara Evershed at Fairview Centre for Community Health and Wellness, 515 Langs Drive, Cambridge by fax: 519-650-1242 or email: tevershed@fairviewmh.com.