

**COMBINATION
FOUNDATIONS OF VERTICAL WATER TRAINING
&
GROUP AQUAFITNESS SPECIALTY CERTIFICATION
THE CHARLENE KOPANSKY METHOD**



Vertical Water Training (Prerequisite Course)

October 4, 5, & 6, 2024

Group Aquafitness (Specialty Certification Course)

November 29, 30 and December 1, 2024

On-Site at **Vivo, Calgary, AB**. 11950 Country Village Link NE, Calgary, AB T3K 6E3

Earn CECs with canfitpro, BCRPA, SPRA, CFES, NBFA. If AFLCA Certified, petition for credits [AFLCA CEC Petition Application forms](#)

- If repeating Combo VWT-GAF courses earn 16 CALA CECs.

CALA Members: \$560 + tax.

Non-Member / Renewing Now: \$619 + tax

Add Late fee: \$35 + tax after September 26, 2024

*****Vivo Facility Staff:** Add Vivo Staff beside your name on registration form below

Email to Noelle Leblanc nleblanc@vivo.ca & to cala_aqua@mac.com

- You will receive a digital copy of the VWT & GAF manuals, Assignment & Assessment templates, plus extra VWT & GAF resources.
- Add \$65 + tax for shipping the printed copy of the VWT manual.
- Add \$45 + tax for shipping the printed copy of the GAF manual.

CERTIFICATION GROUP AQUAFITNESS SPECIALTY:

- Pass VWT Exam (Online Open book, 50 Multiple choice questions)
- GAF Assignment Submission (30-min mini-class plan). BEFORE Jan 31, 2025
- GAF Practical Assessment (30-minute demo of your mini-class). After passing the GAF assignment, you have three months to complete the GAF practical assessment. Final due date is May 31, 2025

CALA VWT & GAF TRAINING & CERTIFICATION - REGISTRATION FORM

VWT: Oct, 4, 5, 6, 2024 AND GAF: Nov. 30, 31 and Dec. 1, 2024

LOCATION: Vivo, Calgary, Alberta

VICO staff please add VICO after your name

Name: _____ CALA Member # _____

Address: _____ **Joining Now** cost is tax included in fees below (\$59+tx)

City: _____ Home Tel. #: _____

Province: _____ Work Tel. #: _____

Postal: _____ Cell Phone #: _____

Email 1 _____ Email 2 _____

Course	Membership Status	Includes	Fees + \$35 after Sept. 26,2024
Vertical Water Training and Group Aquafitness Specialty Certification Course	Current CALA Member	VWT & GAF Manual will be electronically transferred for you to print, 20hrs Training each, Open book Exam for VWT, GAF Assignment & GAF Assessment.	\$560 + tax
	Non-Member Joining Now	VWT & GAF Manual will be electronically transferred for you to print, 20hrs Training each, VWT Open-book Theory Exam to be scheduled plus Membership for one year	\$619 + tax
Refresher VWT Course	Current member	Includes 8 CECs for repeating the VWT Course	\$150 + tax
Refresher GAF Course	Current member	Includes 8 CECs for repeating the GAF Course	\$150 + tax
Note: To receive a printed copy of the VWT manual, add \$65 + tax to the fees listed above To receive a printed copy of the GAF manual to you, then add \$45 + tax to the fees listed			

No refund for withdrawal from course. Fees can be applied to future CALA events.

To register: Email completed registration form to cala_aqua@mac.com

PAYMENT:

1. e-transfer to cala_aqua@mac.com or
2. cheques to CALA Inc., 125 Lilian Dr., Toronto, ON., M1R 3W6 or
3. Pay by credit card

Amount paid; _____

WAIVER AGREEMENT for CALA Vertical Water Training & Group Aquafitness Specialty Training & Certification

I agree to forever release, discharge, fully indemnify and save harmless, the Canadian Aquafitness Leaders Alliance Inc (CALA), the facilities, and all promoters, sponsors and their representatives and successors, and their assigns from any and all claims, demands and expenses whatsoever on account of damage to or loss of property, physical or mental injury or death.

I verify that I have been involved in a physical training program and that I am physically fit and do not suffer from any disability, physical ailment nor am I taking any medication that would cause me harm or limit my participation.

I hereby affirm that I have carefully read, fully understand and agree to the above and that I am of legal age to execute this form as a legal document.

You can also use the Adobe Acrobat "Fill and Sign" feature to complete the form

PAYMENT PLAN AVAILABLE – 3 payments date Email CALA to arrange this cala_aqua@mac.com

CALA Certification Process:

- Step 1. Complete the Vertical Water Training 1.5 hour open-book Multiple Choice Theory Exam
- Step 2. Complete the Group Aqua Fitness Course
- Step 3. Complete and submit the GAF Assignment (30-minute mini-class plan)
- Step 4. Book a GAF Practical Assessment (submit a 30-minute video, or book an assessment on ZOOM)

*On rare occasions, it is necessary to shift CALA Training dates, times, and topics.
Thank you for your understanding.*