



## **CALA HEALING WATERS AQUA ARTHRITIS & JOINT DISORDERS SPECIALTY TRAINING & CERTIFICATION COURSE**

Fri Nov 30 6pm – 10pm, Sat Dec 1 9am – 6pm, Sun Dec 2 10:30am – 6:30pm

Hosted at the Malton Community Centre, Mississauga, ON.

### **High Quality Training and International Certification: The CALA Healing Waters Aquatic Post Rehabilitation Program**

The CALA Healing Waters Program is designed to provide high quality, current, research based training and certification in common concepts and water exercise for specialized populations. Selected specialty workshops will be on offer in the following areas of interest:

- Cancer
- Diabetes
- Post Burn
- Post Cardiac
- Osteoporosis
- Sports Injuries
- Multiple Sclerosis
- Back Care and Whiplash
- Post Stroke and Brain Injury
- Degenerative Neuromuscular Conditions (including Muscular Dystrophy, Parkinson's)

**PRESENTED BY CALA TRAINERS Katherine McKeown, Linda Rampen & Janet Davis (TBC)**

**WHERE:** MALTON COMMUNITY CENTRE, 3540 Morning Star Dr., Mississauga, ON.

Registration through City of Mississauga **Bar Code: 759550**

Course Information Contact: CALA office: 416-751-9823 or [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)

### **CERTIFICATION PROTOCOL:**

**THEORY EXAM: 2.5 hour open book HW or VWT theory exam writing (Writing date TBC)**

**SUBMIT OF A CASE STUDY & CLASS PLAN-ASSIGNMENT (Submitted 2 weeks prior to assessment)**

**PRACTICAL ASSESSMENT: Each person: 30 min HW demo + 15 min feedback  
(Practical Assessment date confirmed at course)**

# HEALING WATERS REGISTRATION INFORMATION

## Course Details for City of Mississauga Nov 30, Dec 1 & 2, 2018

**DIRECTIONS:** Please 'Google' directions to MALTON COMMUNITY CENTRE, 3540 Morning Star Dr., Mississauga, O

**LUNCH/FOOD:** Bring food and refreshments to the course. No access to a kitchen on site.

**REMINDERS:** Bring more than one swimsuit/towel, a combination lock/key lock for our daily use lockers, comfortable clothing that allows for movement, layers of clothing, your water bottle, pens, pencils, highlighters, and anything else to assist you with your learning process.

**REGISTER:** In-Person: Front desk of any community centre in Mississauga  
 Visa, MasterCard or cheque  
 On-line: credit card: Visa or MasterCard using the following link search CALA for your course:  
<https://www1.city.mississauga.on.ca/connect2rec/Start/Start.asp>  
**Enter Bar Code: 759550**

**NOTE:** On-line registration, fee is for current CALA members. Non-Members must accept the extra membership fee of \$59 +tax. Membership status is reviewed prior to the course start date.

**Note:** You must complete the VWT Pre-requisite before registering for Healing Waters Course

**\*\*\*REGISTRATION PACKAGES: Add \$10 + 13% tax if you are not a resident of City of Mississauga\*\*\***

<p><b>HW Specialty Course (must have completed VWT) + CALA Membership</b></p> <p><u>Includes all HW resources &amp; HW certification</u></p> <p><u>Breakdown:</u>          HW Course = \$721.95+ includes tax          CALA Membership = \$66.67 + includes tax</p> <p><b>Total = \$788.62 includes tax</b></p>	<p><b>HW Specialty Course (must have completed VWT) + Already a Current CALA Member</b></p> <p><u>Includes all HW resources &amp; HW certification</u></p> <p><u>Breakdown:</u>          HW Course = \$721.95+ includes tax          CALA Membership = .00</p> <p><b>Total = \$721.95+ includes tax</b></p>
<p><b>Note:</b> This course is run in partnership with City of Mississauga.</p>	
<p><b>If you are repeating the Course to refresh your knowledge and earn CECs... Course Fee = \$187.50 + tax for CALA Members. (\$246.50 + tax for non CALA Members)</b>  <b>Contact CALA to register as a refresher: 416-751-9823 or <a href="mailto:cala_aqua@mac.com">cala_aqua@mac.com</a></b>  <b>Earn 12 CECs for repeating this Healing Waters Specialty Course.</b></p>	

**IMPORTANT:** Email the paid receipt (that you received from City of Mississauga) for the HW course to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)

CALA will mail the HW Resources manual to you! It is imperative that you read the manual to prepare yourself for the training experience.

If you have any questions, please contact CALA, 416-751-9823 or [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)