



CALA EVENTS in chronological order

Updated August 24, 2019

Accredited by CALA, canfitpro, AFLCA, BCRPA, SPRA, OFC, CFES, OFC, OHFS & YMCA, YWCA. Earn CALA CECs automatically by attending CALA Events. You do not have to be a Member to earn & to bank CECs. Use the CECs for recertification, when you decide to get Certified. CALA CECs never expire!

Register through CALA, unless otherwise specified.

416-751-9823 or cala_aqua@mac.com;

BRITISH COLUMBIA – POWELL RIVER - SEPTEMBER 22

What: CALA Workshop – Moves and Modifications - Making it Work for You (Instructor & Participant)

Where: Powell River Recreation Complex, Norfolk County, Simcoe ON

When: Sunday, Sept 22, 2019 from 12:30pm-3:30pm

Facilitator: Deb Cole

Accreditation: Earn 3 CALA CECs & canfitpro CECs

Register through CALA Inc

ONTARIO – HAMILTON – SEPTEMBER 22 SOLD OUT

What: CALA Workshop – Warm Water Workshop

Where: Bernie Morelli Rec Centre, Hamilton, ON

When: Sunday September 22, 11am-3pm

Facilitator: Jaye Graham

Accreditation: Earn 4 CALA CECs & canfitpro CECs

SOLD OUT

ONTARIO – NORFOLK COUNTY - SEPTEMBER 25

What: CALA Workshop – Aqua Boot Camp – Kick Box Combination

Where: Annaleise Carr Aquatic Centre, Norfolk County, Simcoe ON

When: Wednesday, Sept 25, 2019 from 5:30pm-9:30pm

Facilitator: Dylan Harries

Accreditation: Earn 4 CALA CECs & canfitpro CECs

Register through CALA

ONTARIO – OTTAWA - OCTOBER 4, 5 & 6

What: CALA Foundations of Vertical Water Training (pre-requisite course): VWT

Where: Ray Friel Recreation Complex, Ottawa ON

When: Friday Oct 4, 5pm-9pm, Saturday Oct 5, 12pm-9pm &

Sunday Oct 6, 12pm-9pm

Facilitator: Master Trainer Charlene Kopansky & Apprentice Trainers; Zeineb Erradi & Jason Gardiner

Accreditation: Earn 12 CALA CECs if repeating VWT Course & canfitpro CECs
Register through CALA

ALBERTA – CANMORE - OCTOBER 4, 5 & 6

What: CALA Conference

Where: Elevation Place, Canmore, AB

When: Saturday Oct 5 & 6th

Facilitator: Team of Presenters including Charlene Kopansky, Kristin Murphy & Dylan Harries

Accreditation: Earn 4-20 CALA CECs & canfitpro CECs

Register through CALA Brochure in process

ONTARIO – OTTAWA - OCTOBER 18, 19, 20

What: CALA Group Aquafitness Specialty Training & Certification Course

Where: Ray Friel Recreation Complex, Ottawa ON

When: Friday Oct 18, 5pm-8pm & Saturday Oct 19, 12pm-9pm & Sunday Oct 20, 12pm-9pm

Facilitator: Kristin Murphy

Accreditation: Earn 12 CALA CECs if repeating GAF Course & canfitpro CECs

Register through CALA

ONTARIO – HAMILTON - OCTOBER 26 **SOLD OUT**

What: CALA Workshop – Warm Water Workshop

Where: Bernie Morelli Rec Centre, Hamilton, ON

When: Saturday Oct 26, 11am-3pm

Facilitator: Jaye Graham

Accreditation: Earn 4 CALA CECs & canfitpro CECs

SOLD OUT

ONTARIO – AYLMEER - OCTOBER 25, 26, 27

What: CALA Healing Waters: Aquatic Post Rehab Specialty Course

Where: Terrace Lodge, Elgin County

When: Friday Oct 25, 6pm-10pm & Sat Oct 26, 12pm - 8pm & Sunday Oct 27 8am-5pm

Facilitator: Julia Ito & Katherine McKeown

Accreditation: Earn 12 CALA CECs if repeating HW or if you have completed more than one CALA Course & canfitpro CECs

Register through CALA

ONTARIO – AYLMEER

What: HW & Aqua Yoga Practical Assessments

- You must book your practical assessment spot through CALA on/before **TBC**
- You must submit & pass your Aqua Yoga journal and/or HW assignment

Where: Terrace Lodge, Elgin County

When: TBC

Assessors: Katherine McKeown & Julia Ito

Register through CALA

ONTARIO – OWEN SOUND - NOVEMBER 3

What: Oh Buoy! What a Workout!

Where: YMCA of Owen Sound Grey Bruce, ON

When: Sun Nov 3, 9am-1pm

Facilitator: Katherine McKeown

Accreditation: Earn 4 CALA CECs & canfitpro CECs

Register through CALA

ONTARIO – OTTAWA - NOVEMBER 9

What: CALA Workshop – topics TBC

Where: Ottawa Athletic Club, ON

When: Sat Nov 9, 2pm-6pm

Facilitator: TBC

Accreditation: Earn 4 CALA CECs & canfitpro CECs

Register through CALA

ONTARIO – MISSISSAUGA- NOVEMBER 16

What: CALA Workshop

Where: Meadowvale Community Centre

When: Sat Nov 16, 11:30am-3:45pm

Facilitator: TBC

Accreditation: Earn 4 CALA CECs & canfitpro CECs

Register through CALA - Poster in progress

ONTARIO – OTTAWA - NOVEMBER 22, 23, 24

What: CALA Healing Waters: Aquatic Post Rehab Specialty Training & Certification

Where: Ottawa Athletic Club, ON

When: Friday Nov 22, 5pm-9pm, Saturday Nov 23, 12pm-8pm & Sunday Nov 24, 12pm-8pm

Facilitator: Katherine McKeown

Accreditation: Earn 12 CALA CECs for repeating HW or if you have completed more than one CALA Course & canfitpro CECs

Register through CALA

In the planning stage...

BRITISH COLUMBIA, VANCOUVER ISLAND, COMOX

What: Combined Foundations of Vertical Water Training Pre-Requisite Course and Group Aquafitness Specialty Training and Certification Course

Where: Comox Valley Sports Centre

When: Regan Jamieson

Facilitator: Regan Jamieson

Accreditation: Earn 12 CALA CECs if repeating VWT &/or GAF course & canfitpro CECs

Register through Comox Valley Regional District at 250-334-9622

ONTARIO – PETERBOROUGH

What: Foundations of Vertical Water Training Pre-Requisite Course

Where: Peterborough Sport & Wellness Centre

When: TBC

Facilitator: TBC

Accreditation: Earn 12 CALA CECs if repeating VWT Course & canfitpro CECs

Register through CALA when dates are confirmed

ONTARIO – PETERBOROUGH

What: Group Aquafitness Specialty Training and Certification Course

Where: Peterborough Sport & Wellness Centre

When: TBC

Facilitator: TBC

Accreditation: Earn 12 CALA CECs if repeating GAF Course & canfitpro CECs

Register through CALA when dates are confirmed

ONTARIO – COLLINGWOOD

What: CALA Group Aquafitness Specialty Training & Certification Course: GAF

Where: Centennial Aquatic Centre

When: TBC

Facilitator: Katherine McKeown

Accreditation: Earn 12 CALA CECs if repeating GAF Course & canfitpro CECs

Register through CALA when dates are confirmed

ONTARIO – PETERBOROUGH - [Open Book VWT Theory Exam Writing & GAF Practical Assessments](#)

- You must book your spot through CALA to write one of the above exams
- You must submit & pass your GAF and/or HW assignment
- You must book your practical assessment through CALA

Where: Peterborough Sport & Wellness Centre

When: exam writing between TBD (exam 2.5 hours, 15 minute set up and take down time) & GAF practical assessments starting at 1pm

Assessors: Video submissions to cala_aqua@mac.com

Register through CALA when dates are confirmed

BRITISH COLUMBIA – PRINCE RUPERT – MAY 2020

What: 8 – 16 hours of CALA Workshops

Where: Earl Mah Aquatic Centre

When: May 2020

Facilitator: Deb Cole

Accreditation: Earn 4 CALA CECs & canfitpro CECs

Register through CALA when dates are confirmed

