



# CALA HEALING WATERS AQUA ARTHRITIS & JOINT DISORDERS SPECIALTY TRAINING & CERTIFICATION COURSE

November 22, 23, 24, 2019 – **12 CALA\* & canfitpro CECs**

Hosted at the Ottawa Athletic Club, Ottawa, ON.

**CALA TRAINER: Katherine McKeown**

**High Quality Specialty Training and Certification Course: The CALA Healing Waters Aquatic Post Rehabilitation Program** is designed to provide high quality, current, research-based training and certification in aquatic post rehabilitation and water exercise for specialized populations. The launch of this program marks the beginning of an ongoing series of specialized courses.

**The CALA Healing Waters Program at the Ottawa Athletic Club includes:**

- Introduction to Aquatic Post-Rehabilitation Prep Course
- Aqua Arthritis and Joint Replacement Specialty Training and Certification Course

**PRE-REQUISITE:** CALA Foundations of Vertical Water Training Course **or** Completion of a Letter of Acceptance to Bypass the VWT Course.

Register through CALA. Earn **12 CALA\* (\*if this is a refresher or you have participated in more than one CALA Specialty) & canfitpro CECs**

**WHERE:** Ottawa Athletic Club, 2525 Lancaster Av, Ottawa ON, K1B 4L5

For directions & facility info contact Andre Bourguignon: [andre@ottawaathleticclub.com](mailto:andre@ottawaathleticclub.com) or call (613) 523-4024 ext. 280. For more information about the training, contact CALA 416-751-9823 or [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)

**WHO:** CALA Trainer: Katherine McKeown

**WHEN:**

<b>Friday November 22, 2019</b>	<b>5pm – 9pm</b>	<b>Pool 5:30pm – 7pm</b>
	<b>*5:30-6:15pm Integrated with a community class</b>	
<b>Saturday November 23, 2019</b>	<b>12pm – 8pm</b>	<b>Pool 2:30pm – 4pm &amp; 6:30pm – 8pm</b>
<b>Sunday November 24, 2019</b>	<b>2pm – 8pm</b>	<b>Pool 2:30pm – 4pm &amp; 6:30pm – 8pm</b>

Note: The pool times are subject to change.

**DATE to be confirmed for the HW Open Book Theory Exam, HW Case Study-Assignment submission & HW 30-minute Practical Assessment. Candidates have one year to complete the exams, case study, assignment and practical assessment.**

**To Register: Call CALA 1-888-751-9823 or email your completed registration form to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)**



# HEALING WATERS REGISTRATION INFORMATION

Ottawa Athletic Club, Ottawa, ON

November 22, 23, 24 2019 **12 CALA\* & canfitpro CECs**

**REMINDERS:** Bring more than one swimsuit/towel, a combination lock/key lock for our daily use lockers, comfortable clothing that allows for movement, layers of clothing, your water bottle, pens, pencils, highlighters, and anything else to assist you with your learning process.

Name: \_\_\_\_\_ DATE: \_\_\_\_\_  
 Address: \_\_\_\_\_ How you heard of the course: \_\_\_\_\_  
 City: \_\_\_\_\_  
 Province: \_\_\_\_\_ Home Tel. #: \_\_\_\_\_  
 Postal: \_\_\_\_\_ Work Tel. #: \_\_\_\_\_  
 Email: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_

Course Package	Membership Status	Includes	Fees
			Late fees of \$35 apply after <b>Oct 31, 2019</b>
HEALING WATERS (HW) SPECIALTY COURSE	Current CALA Member	Three Course Manuals, 20 hrs Training, Certification: Healing Waters Theory exam Case Study-Assignment & Practical Assessment	\$550+ tax
	Expired or New CALA Member	As Above plus Membership (\$59)	\$609+ tax
Repeat the HW Course to earn 12 CECs	Current CALA member	12 CECs awarded, if membership has expired, add \$59 + HST to renew membership	\$150+ tax

Remember to register for the CALA Foundations of Vertical Water Training or complete a Letter of Acceptance to bypass the course before you register for a Healing Waters Course. Call CALA for assistance.

**No refund for withdrawal from the course. Fees can be applied to future CALA events.**

VISA and MasterCard are accepted; or E-transfer to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com).

VISA    MasterCard    E-transfer   Amount Paid: \$ \_\_\_\_\_ (See above for correct fee option)  
 Date \_\_\_\_\_ Name on Card \_\_\_\_\_  
 Card # \_\_\_\_\_ Exp. Date: (Month / Year) \_\_\_\_\_  
 Signature \_\_\_\_\_