

# CALA Workshop

## Navigating Uncharted Waters

Hosted on ZOOM

Earn 2 CALA CECs. Also accredited by canfitpro, OFC, AFLCA, BCRPA, SPRA, YMCA, CFES.



**Description:** In the blink of an eye the entire world has changed. The landscape of fitness has been impacted. We are in uncharted waters and seeking the information and skills necessary to navigate the turbulent waters and ever evolving winds of change for a successful return to the pool and our vertical water training CALA classes. There is not one perfect map or plan for the resumption of our VWT classes. There are many tools to help you feel prepared and transition into the next wave of aquatic fitness leadership. This session will help you explore the various perspectives and considerations for facilities, clients and most importantly the aqua fitness leader. Gain some tools and insights to help you prepare today for tomorrow so you can 'Catch and ride the new Wave'.

### Objectives:

- ✓ Understand how to reduce risk as it pertains to aquatic venues.
- ✓ Understand the key stakeholders and the process for resumption of service.
- ✓ Explore how to prepare to return to leading classes safely and effectively.
- ✓ Holistic approach for COVID-19 beyond teaching classes.

**WHERE:** ZOOM Platform – online. More info contact CALA 416-751-9823 or [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)

**WHAT:** CALA Presenter – **Jennie Queen**

**WHEN:** Sunday, September 27, 2020 from 1pm – 3pm

**WHAT:** **Navigating Uncharted Waters**

**COST:** Early Bird: on or before Sept 15, 2020. CALA Member: \$50 / Non-Member: \$60 (plus tax)  
Regular Fees – Register after Sept. 15 Add \$15 (plus tax).

Name	_____	
Address	_____	Join Now: <input type="checkbox"/> (\$59 plus tax)
City	_____	Tel. h _____
Prov	_____	Cell _____
Postal:	_____	Tel. w _____
Email:	_____	_____

**PAYMENT ONLY BY:** E-transfer to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com) or Direct deposit

Paid: \$\_\_\_\_\_ (see price information above)

**EXPRESS registration 416-751-9823 OR Complete, scan & email form to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)**