

# CALA Workshop

## The A.R.T. of Aqua Mastery



FACEBOOK RECORDING [facebook](#) - Independent Learning delivered through private Facebook page

**Earn 2 CALA CECs. Also accredited by canfitpro, OFC, AFLCA, BCRPA, SPRA, YMCA, CFES.** If you are AFLCA Certified, you will need to petition for credits through individual application by using the [AFLCA CEC Petition Application forms](#)

**Description:** Explore the A.R.T. (Aquafitness. Refinement. Techniques.) of CALA leadership. Elevate your teaching to the next level and see the positive impact on your clients and classes. Explore how to master movements and hone leadership skills. Examine your teaching style, movement demonstrations and deck technique as you embark on this personalized leadership transformation.

### Objectives of Workshop (3):

- Define your leadership goals.
- Describe and develop a personal leadership signature style and brand.
- Understand key criteria for exceptional Vertical Water Training leadership
- Learn to self-evaluate before, during and after leading classes.
- Create growth goals and timelines.

**WHERE:** FACEBOOK Platform [facebook](#) (Private Facebook Group) – online.

You will be sent an invitation to join the A.R.T Private Facebook Group

More info contact CALA 416-751-9823 or [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)

**WHO:** CALA Presenter – **Jennie Queen**

**WHEN:** **At your leisure** - You will receive a link to the [facebook](#) recordings after you register

**COST:** CALA Member: \$50 / Non-Member: \$60 (plus tax)

Name \_\_\_\_\_

Address \_\_\_\_\_ **Join CALA Now**  (\$59 plus tax)

City \_\_\_\_\_ Tel. h \_\_\_\_\_

Prov \_\_\_\_\_ Cell \_\_\_\_\_

Postal \_\_\_\_\_ Tel. w \_\_\_\_\_

Email 1 \_\_\_\_\_ Email 2 \_\_\_\_\_

**PAYMENT:** CALA only accepts E-transfer to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com) or direct deposit

Paid: \$\_\_\_\_\_ (see price information above)

**EXPRESS registration 416-751-9823 OR Complete, scan & email form to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)**  
You can also use the Adobe Acrobat "Fill and Sign" feature to complete the form