

CALA Workshop

Navigating Uncharted Waters



FACEBOOK RECORDING - Independent Learning
delivered through private Facebook page

Earn 2 CALA CECs. Also accredited by canfitpro, OFC, AFLCA, BCRPA, SPRA, YMCA, CFES.

Description: In the blink of an eye the entire world has changed. The landscape of fitness has been impacted. We are in uncharted waters and seeking the information and skills necessary to navigate the turbulent waters and ever evolving winds of change for a successful return to the pool and our vertical water training CALA classes. There is not one perfect map or plan for the resumption of our VWT classes. There are many tools to help you feel prepared and transition into the next wave of aquatic fitness leadership. This session will help you explore the various perspectives and considerations for facilities, clients and most importantly the aqua fitness leader. Gain some tools and insights to help you prepare today for tomorrow so you can 'Catch and ride the new Wave'.

Objectives:

- ✓ Understand how to reduce risk as it pertains to aquatic venues.
- ✓ Understand the key stakeholders and the process for resumption of service.
- ✓ Explore how to prepare to return to leading classes safely and effectively.
- ✓ Holistic approach for COVID-19 beyond teaching classes

WHERE: FACEBOOK Platform (Private Facebook Group) – online.
More info contact CALA 416-751-9823 or cala_aqua@mac.com

WHAT: CALA Presenter – **Jennie Queen**

WHEN: At your leisure

WHAT: **Navigating Uncharted Waters**

COST: CALA Member: \$50 / Non-Member: \$60 (plus tax)

Name	_____		
Address	_____	Join Now:	<input type="checkbox"/> (\$59 plus tax)
City	_____	Tel. h	_____
Prov	_____	Cell	_____
Postal:	_____	Tel. w	_____
Email:	_____		_____

PAYMENT ONLY BY: E-transfer to cala_aqua@mac.com or Direct deposit

Paid: \$_____ (see price information above)

EXPRESS registration 416-751-9823 OR Complete, scan & email form to cala_aqua@mac.com