Congratulations CALA Certified Means Clearly Qualified! Updated 2021



CALA Recertification and Petitioning Guidelines

- 1. Your CALA membership must be renewed annually.
- 2. Your membership renewal and recertification are merged to the same date.
- 3. A reminder notice for your renewal/recertification will be emailed to you.
- 4. Keep track of your CALA CEC (Continuing Education Credits). (1 CALA CEC per hour or training)
- 5. Ensure you have at least 8 CECs banked for recertification, every year. (8 hours of fitness, health, wellness related education)
- 6. You are able to bank CALA CECs. They do not expire.

Guidelines for Earning & Petitioning CECs

- 1. Attending events offered by CALA: conferences, specialty courses, clinics, programs, and/or workshops is the most common way to earn and bank CECs.
- 2. You can also petition for CECs: If you have attended an event related to fitness with an organization other than CALA, you can petition for CECs. Accepting petition CECs is at the discretion of CALA. It is advisable to attend CALA Events in your region, when possible, in order to maintain CALA Certification. **Use of petitioned credits, in order to recertify is limited.**
- Attend 8 hours of workshops or other specialty courses.
 Note: When you attend more than 8 hours of CALA CEC accredited training, you can bank your extra credits (CECs) and use them for future recertification.
- 4. The petition fee is **\$15.00** (CDN) plus tax per CEC (per hour). Fee is subject to change.
- 5. Email the completed petition form to cala_aqua@mac.com

Note: When you collect more than 8 CECs per year, extra credits are banked in your personal file on the CALA database, to use for future recertification.

Note: This form must be completed for EACH event.

| Name: | | | |
|----------------------------|------------------------|--|--|
| Address: | | | |
| City: | Province: | Postal Code: | |
| Phone #: | Email: | | |
| Event Title: | | Date: | |
| Presenter Name: | | | |
| Event Length (hrs/mins): | Lecture: | Practical: | |
| Payment | | | |
| E-transfer to cala_aqua@ma | c.com or Canadian mo | ney order or cheque mailed to CALA Inc | |
| # of hours of event: | _X \$15 (CDN) + tax (p | er hr) Fee is subject to change = | |

***PLUS include proof of attendance (send a certificate or proof of payment)