

Letter of Acceptance for the CALA Pre-requisite (VWT) Vertical Water Training



CALA Application to Bypass the 20-hour Vertical Water Training Pre-Requisite Course

The CALA Foundations of Vertical Water Training Course (VWT) is the prerequisite Course for all CALA Specialty Training and Certification Programs: **Group Aquafitness, Healing Waters: Aquatic Post Rehabilitation, Water Running, Aqua Yoga, Aqua Kick Box, Aqua Mat, Aqua Barré, Ai-Chi, Aqua Pre and Postnatal and HydroRider.**

If you meet the requirements below, you can bypass the 20-hour VWT Course. You will receive a digital copy of the VWT manual and the opportunity to write the open book theory exam on ZOOM or in person. The following list includes candidates most suitable to bypass the VWT Course.

- Kinesiologist...Licensed Health Care Provider...Exercise Physiologists...Physical Education/Recreation Professionals... Aqua Fitness and/or Aquatic Rehabilitation Specialists...Aerobic Fitness and/or Personal Trainer Specialists...

The CALA Specialty Training and Certification Courses offer outstanding opportunities to interact with industry colleagues and associates in an enriching learning environment. These programs provide a powerful means of increasing your exposure in the Canadian and international health and fitness industry. They provide aquatic training specific to a variety of special populations. From years of experience as educators in this field, we know it is extremely important that all participants understand the CALA movement language and have a working knowledge of the effects of water immersion on the body before participating in CALA specialty Certification courses.

Candidates challenging the CALA prerequisite **must** complete required reading from the VWT manual and complete the written exam.

Note: email a complete application to cala_aqua@mac.com – see page two

Please complete the “*Application for Acceptance for CALA Specialty Programs*” below.

- Provide documentation of credentials (photocopies of degrees / certifications)
- Fees subject to change. **Total for below = \$189 + tax** (excluding hard copy of manual)
 - CALA will digitally transfer the 465 VWT manual. You have permission to print one copy for yourself.) = \$65 + tax
 - Open book VWT theory exam = \$35 + tax
 - CALA Membership = \$59 + tax
 - LOA Application = \$30 + tax
 - To receive a hard copy of the VWT manual: Add \$45 + \$25 ship/handle + tax

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NAME					
ADDRESS					
CITY		PROVINCE		POSTAL CODE	
EMAIL:					
PH (h)		(w)		(cell)	

No refund

REGISTRATION: Complete form & email with required credentials to CALA cala_aqua@mac.com

PAYMENT: E-transfer to cala_aqua@mac.com Amount Paid: \$_____

Academic Qualifications and Abbreviations: (Provide documentation)