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Merchandise Order Form doc

Purchase a course manual and register for the course at a later date, the price of the manual will be deducted from the CALA course registration fees. Keep your receipt.



CALA Foundations of Vertical Waters Training: The Charlene Kopansky Method Course Manual \$65 * Pre-requisite Manual for CALA Specialty Training....

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- CALA Manuel de Formation Theorie du Conditionnement Physique et Specialisation en Aquaforme \$35
- CALA Aqua Yoga Specialty Training & Certification Course Manual \$65
- CALA Water Running & Aqua Jogging Specialty Training & Certification Manual – ENG OR FR \$40
- CALA HydroRider Specialty Training & Certification Course Manual \$40

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- CALA Aqua Arthritis & Joint Disorders Specialty Training and Certification Course Manual \$35
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- Catalogue of Arthritis Moves and MS Supplement \$40

Other CALA Specialties:

- CALA Aqua Kick Box Specialty Training & Certification Course Manual \$35 (not available)
- CALA Aqua For Older Adults Specialty Training & Certification Course Manual \$35 (not available)
- CALA Personal Aqua Training Specialty Training & Certification Course Manual \$65 (not available)



CALA Clothing





Long sleeve jacket with CALA Logo \$65 Sizes s m l xl

DVD's



CALA Aqua Flow Price \$24 plus applicable taxes, s&h
Presented by Katherine McKeown
Aqua Flow is a fusion of ballet, balance, tai chi, pilates and yoga to provide a total body workout with no impact.

Aqua Shoes





AQX Aqua Shoe

Price \$77.50 plus applicable taxes, s&h Sizes 6-9.5, 10, 11

Music



Tidal Wave Volume One; Tidal Wave Volume Two; Tidal Wave Volume Three

20 per volume or \$45 for 3 volumes 6 CDs Two 45 minute CD's per volume includes 32 Count Phrasing & 122-126 (bpm)

Aqua Gym Stick



- Green Resistance ranges from 2 to 22 lbs. (1 to 10 kg)
- Blue. Resistance ranges from 2 to 33 lbs. (1 to 15 kg).
- Contact CALA for pricing.

ORDER FORM

CALA TAX# 138567912

Merchandise

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