

**Contact CALA to order [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)**

Phone: 416-751-9823 • Fax: 416-755-1832 • Toll Free: 1-888-751-9823 ( Canada)

**[Merchandise Order Form \(excluding RYKA shoes\) doc](#)**

**[RYKA2 Aqua Shoes Order Form doc pdf](#)**

Purchase a course manual and register for the course at a later date, the price of the manual will be deducted from the CALA course registration fees. Keep your receipt.



**Aqua Yoga-Linear ME Specialty Training & Certification**

Price \$65 plus applicable taxes, s&h

**Vertical Waters Training Course Manual NEW! Vertical Water Training (course manual) 2010 version**

Price \$65 plus applicable taxes, s&h

**OLD Version of Foundations Manual – FRENCH**

**Group Aqua Fitness Course Manual**

Price \$35 plus applicable taxes, s&h

**Aqua Natal (English and French)**

Price \$40 plus applicable taxes, s&h

**Aqua Jogger Resource Manual – ENGLISH OR FRENCH**

Price \$40 plus applicable taxes, s&h

**HydroRider Intro Manual**



**Healing Water Resources**

Price \$180 for all resources plus applicable taxes, s&h

-  Introduction to Aquatic Post Rehabilitation and Aqua Arthritis \$70 plus applicable taxes, s&h
-  Aquatic Exercise Theory Text Book \$65 plus applicable taxes, s&h
-  Catalogue of Arthritis Moves and MS Supplement \$40 plus applicable taxes, s&h

**CALA Clothing**










**Yoga Style Capri Pants – navy blue with seahorse**










Price \$65 plus applicable taxes, s&h

Sizes: s m l xl

# CALA Merchandise List



	<p><b>Fitted Scoop Neck Tank Top</b> – blue with seahorse                  Price \$17 plus applicable taxes, s&amp;h                  Sizes: s m l xl</p>
	<p><b>Scoop-neck Shirt</b> = Navy or Powder Blue with seahorse                  Price \$24 plus applicable taxes, s&amp;h                  Sizes s m l xl</p>
	<p><b>Long sleeve jacket with CALA Logo</b>                  Two colours to choose from:                  Blue OR purple base on front &amp; Seahorse on back                  Sizes s m l xl</p>
	<p><b>Long sleeve jacket NO CALA Logo on front</b>                  Same colours - , only Fancy Seahorse on back of jacket                  Sizes s m l xl (unisex)</p>
	<p><b>Therapeutic Tops for Aquatic Post Rehab</b>                  Sizes s m l xl</p>
<b>CALA Gift Certificates</b>	
	<p><b>Gift certificates</b> are available in all denominations. They can be applied to CALA; training, conferences, membership fees, certification fees, or purchase of merchandise.</p>
<b>DVD's</b>	
	<p><b>CALA Aqua Flow</b>                  Price \$24 plus applicable taxes, s&amp;h                  Presented by Katherine McKeown - Aqua Flow is a fusion of ballet, balance, tai chi, pilates and yoga to provide a total body workout with no impact.</p>

Aqua Shoes	
 <p><b>Aqua Shoe</b> Fits like a regular running shoe                      CALA Members price \$75 plus applicable taxes, s&amp;h  <b>Non-CALA Members \$85</b>                      Sizes 6 - 10, 11(half sizes available)                      RYKA2 Aqua Shoes Order Form <a href="#">doc pdf</a></p>	 <p><b>AQX Aqua Shoe</b>                      Price \$77.50 plus applicable taxes, s&amp;h                      Sizes 6-9.5, 10, 11</p>
Music	
	<p>Tidal Wave 1   Tidal Wave 2   Tidal Wave 3</p> <ul style="list-style-type: none"> <li> \$25 per volume \$60 (3 volumes 6 cds) plus applicable taxes, s&amp;h</li> <li> Tidal Wave CDs 90 minutes (2-CD set), 32 Count Phrasing, 122-126 (bpm)</li> <li> 60 minutes (2 cd per volume) plus applicable taxes, s&amp;h</li> </ul>
Aqua Gym Stick	
	<ul style="list-style-type: none"> <li> Green. For aqua group training, rehabilitation and the elderly. The resistance ranges from 2 to 22 lbs. (1 to 10 kg).</li> <li> Blue. For aqua group training and women. The resistance ranges from 2 to 33 lbs. (1 to 15 kg).</li> </ul>