

CALA Training Event Schedule as at October 10, 2015

Register now CALA 416-751-9823 or 1-888-751-9823 or cala_aqua@mac.com



CALA proudly offers the following Continuing Education Opportunities (CECs). CALA education is accredited by canfitpro, YMCA, YWCA, CFES, CPTN, BCRPA, AFLCA, SPRA, OFC, NSFLA CALA Workshops, Conferences, and [Tele-classes](#) are open to CALA members and non-members as well.

No refund or credit for withdrawal from CALA Events.
 Registration fees may be used toward future CALA events at the discretion of CALA Management, less a \$35+tax administration fee. CALA manuals are final sale and cannot be returned for a refund/credit.

2015

Event	Location	Date & Time	CALA Trainer
CALA Workshop: Aqua Boot Camp Blast - Chest Deep & Deep	Ingersoll, ON Victoria Park Community Centre	Sun Oct 18, 9am - 1pm	Mary Lou Hall Registration form: pdf CALA 1-888-751-9823
CALA Foundations of Vertical Water Training Course (VWT)	Canmore, AB Elevation Place	Fri Oct 23, 5pm - 9pm Sat Oct 24, 9am - 5pm Sun Oct 25, 9am - 5pm	Michelle McClaren Registration form: pdf CALA 1-888-751-9823
CALA Workshop: Aqua Latino - Chest Deep *Bilingual	Montreal, QC Hochelaga YMCA	Sat Nov 4, 4pm - 7pm	Karl Notargiovanni CALA 1-888-751-9823
CALA Group Aquafitness Specialty Training & Certification Course (GAF)	Canmore, AB Elevation Place	Fri Nov 6, 5pm - 9pm Sat Nov 7, 9am - 5pm Sun Nov 8, 9am - 5pm	Michelle McClaren Registration form: pdf CALA 1-888-751-9823
VWT open book theory exam writing	Canmore, AB Elevation Place	Fri Nov 6, 2:30pm - 5pm	Michelle McClaren Register through CALA cala_aqua@mac.com Express registration: 1-888-751-9823
CALA Workshop: Tap Into Calm Aqua Yoga - Chest Deep	Pender Harbour, Sunshine Coast BC Pender Harbour Aquatic & Fitness Centre, Madeira Park	Wed Nov 11, 2pm- 6pm	Karl Notargiovanni Register through CALA cala_aqua@mac.com Express registration: 1-888-751-9823
CALA HIIT H20! Workshop	Calgary, AB. Westside Recreation Centre	Sat Nov 14, 1pm - 5pm	Kim Leong Registration form: pdf CALA 1-888-751-9823
CALA Accredited One City of Ottawa Conference	Ottawa, ON	Sun Nov 15, 9am - 5pm	Jennie Queen plus new CALA presenters
CALA Healing Waters:	Mississauga, ON	Fri Nov 27, 5pm - 9pm	Nancy Rumble

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Aquatic Post Rehabilitation Prep Course & Aqua Arthritis Specialty Training & Certification Course (HW)	Malton Community Centre	Sat Nov 28, 9am - 5pm Sun Nov 29, 9am - 5pm	Register through City of Mississauga Registration form: pdf CALA 1-888-751-9823
CALA Workshop: Effective Aquatic Exercise Design of Upper & Lower Body Moves with Core	Thunder Bay, ON Motavis Athletic Centre	Sat Nov 28, 12:30pm-4:30pm	Wendy Andruski Registration form: pdf CALA 1-888-751-9823
CALA Foundations of Vertical Water Training Course (VWT)	Brampton, ON Chingacousy Wellness Centre	Sun Dec 27, 8:30am-5pm Sat Jan 2, 8:30am-5pm Sun Jan 3, 8:30am-5pm	Jaye Graham with Heather Lesniak & Janis Hallman-Boltman Registration form: pdf CALA 1-888-751-9823
Formation spécialisée CALA - Aqua course & Aqua Jogging	Montréal, QC Centre du Plateau	18,19, 20 Déc, 2015	Formateur: Marie-Claude Leblanc Registration form: pdf Info: 514-872-1121

2016

Event	Location	Date & Time	CALA Trainer
Formation Moniteur en aquaforme CALA	Ville de Montréal, QC Centre du Plateau	Vendredi, 8 Jan, 18h à 21h Samedi, 9 Jan 9h - 18h Dimanche 10 Jan 9h - 18h	Formateur: Marie-Claude Leblanc Registration form: pdf Info: 514-872-1121
CALA Aqua Yoga Specialty Training & Certification Course (AY)	Ottawa, ON Ottawa Athletic Club	Jan 2016 TBA	Karl Notargiovanni
Special Booster Workshop for Grads of the CALA Aqua Yoga	Ottawa, ON Ottawa Athletic Club	Jan 2016 TBA	Karl Notargiovanni
Healing Waters and/or VWT open book theory exam writing	Mississauga, ON Malton Community Centre	Sat Jan 9, 9am-12pm	Proctor: Brenda Callaghan or Judith Schultz

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Healing Waters Practical Assessment	Mississauga, ON Malton Community Centre	Sun Jan 10, 3pm-6pm	Assessor: Nancy Rumple
Healing Waters Practical Assessment (30 min each /15 min feedback)	Mississauga, ON Malton Community Centre	Sun Jan 17, 3pm-6pm	Assessor: Nancy Rumple
Healing Waters and/or VWT open book theory exam writing	Brampton, ON Chingacousy Wellness Centre	Sat Jan 23, 2:30pm - 5:30pm	Proctors: Heather Lesniak & Janis Hallman-Boltman
CALA Group Aquafitness Specialty Training & Certification Course (GAF)	Brampton, ON Chingacousy Wellness Centre	Sat Mar 19, 8:30am - 5pm Sun Mar 20, 8:30am - 5pm Sat Mar 26, 8:30am - 5pm	Jaye Graham with Heather Lesniak & Janis Hallman-Boltman Registration form: pdf
Celebrate in Northern Ontario CALA Conference	Timmins, ON Archie Dillon Sports Complex	TBA	TBA
Celebrate in Canmore, AB, CALA Conference	Canmore, AB Elevation Place	Sat June 18 8:30am-5pm Sun June 19 8:30am-5pm	TBA
Celebrate in Dollard Des Ormeaux, Conference	Dollard Des Ormeaux AADDO Complex	TBA	TBA

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