



**YMCA-YWCA of the NATIONAL CAPITAL REGION  
POSITION VACANCY – INTERNAL/EXTERNAL POSTING**

**POSITION:** Part Time Aquafit Instructor

**DEPARTMENT:** Health, Fitness and Aquatics

**LOCATION:** Carlingwood Y

**PLACEMENT:** Preferred start date: September 23, 2019

**CLOSING DATE:** **September 16, 2019**

**OVERVIEW:**

As one of the largest charitable community service organizations in the National Capital Region, the YMCA-YWCA of the National Capital Region responds to critical social needs in the community and works to provide solutions. Serving more than 70,000 people across our region annually, we are committed to nurturing the potential of children, teens and young adults, promoting healthy living and fostering social responsibility within the community. This position requires a commitment to the Y mission and core values of responsibility, honesty, caring, and respect, which form the foundation of all Y programs and services.

**NATURE AND SCOPE:**

Reporting to the Aquatics Coordinator, the Aquafit Instructor is responsible for delivering instruction as an Aquafit exercise instructor. The Aquafit Instructor is responsible for the direct delivery of group fitness classes on a regular basis, while maximizing the participation and involvement of YMCA-YWCA members and participants.

The Aquafit Instructor presents a professional appearance and attitude at all times, and ensures excellent customer service is provided to members and participants by proactively addressing concerns or issues and escalating them to the Coordinator of Fitness, Wellness and Recreation as necessary. This position ensures that health and safety regulations and YMCA-YWCA policies and procedures are upheld. The Aquafit Instructor adheres to and ensures that the mission, purpose, image and core values of the YMCA-YWCA of the National Capital Region are conveyed to members, staff and volunteers with every interaction.

**RESPONSIBILITIES:**

- Provide a supportive, welcoming environment for all ensuring excellent quality programs and services are delivered to all program members and potential program members
- Demonstrate YMCA core values of Caring, Honesty, Respect and Responsibility
- Act as a team member, possessing excellent judgment, flexibility, decisiveness and energy
- Actively interact and 'build relationships' with program members to help ensure member experiences are enhanced, members are successful and retained



Promote and encourage all members to participate to their fullest potential

#### COMPETENCIES:

- COMMITMENT TO Y VISION AND VALUES – Demonstrates and promotes a personal understanding of an appreciation for the mission, vision, strategic outcomes and values of the YMCA-YWCA.
- LEADERSHIP – Motivates and inspires others to take action and achieve desired outcomes.
- QUALITY FOCUS – Ensures that success criteria for self are set, reviewed and surpassed regularly to provide excellent service delivery.
- RESULTS ORIENTED – The ability to manage and lead to achieve and exceed identified goals.
- SERVICE ORIENTATION – Deliberately identifies and creates opportunities to enhance each and every person's YMCA-YWCA experience.
- TEAMWORK – The ability to work effectively with others to achieve optimal collective results.

#### QUALIFICATIONS:

- Commitment to Y values – caring, respect, responsibility, honesty
- Current Standard First Aid & CPR "C" certification
- Maintains a recognized Group Exercise Instructor certification, for example Zumba or Yoga certifications
- 1-2 years of previous experience as an instructor
- Knowledge of CLASS or other database/client management systems is an asset
- Knowledge and frequent use of MS Office suite of products is required
- Strong interpersonal and communication skills with the ability to motivate and build rapport with diverse clients
- Excellent Customer Service Skills particularly as it relates to members experience
- Criminal Reference Check for the Vulnerable Sector, not older than 6 months, is required

#### HOW TO APPLY:

Cover letter and resume must be submitted no later than the closing date to the YMCA-YWCA of the National Capital Region, to hiring manager Kristal Karam: [kristal.karam@ymcaywca.ca](mailto:kristal.karam@ymcaywca.ca)

Please use the position title as the subject line in your application e-mail.

All internal applicants must inform their supervisor of their intention to apply for the position.

**CLOSING DATE: September 16, 2019**

Thank you for your interest. Only those selected for further consideration will be contacted.

The YMCA-YWCA of the National Capital Region is committed to being an Equal Opportunity Employer. Please advise in advance if you require any accommodation during the application or selection process. We believe all people have the right to live free from discrimination or harassment of any kind. Any information you send us will be handled respectfully and in complete confidence.



**YMCA-YWCA of the  
National Capital Region**

**YMCA-YWCA de la  
région de la capitale nationale**

The YMCA-YWCA of the National Capital Region is committed to providing a safe environment for children. Candidates will be thoroughly screened using background checks and a review process.

**We Build Strong Kids... Strong Families... Strong Communities.**