

## Group Exercise - Aquafit Instructor

(Freelance)

For over a century, The Boulevard Club has built a reputation around time honoured traditions, exemplary service, and unrivalled athletics programs for all ages and abilities, including tennis, badminton, water sports, fitness, swimming, basketball, pickleball, and more.

If you would like to work and learn from a team of professionals and build your career at one of Toronto's top private clubs, The Boulevard Club may be a good fit.

We take pride in providing safe and inclusive communities that inspire wellness, growth, and excellence. We create exceptional, social, athletic, and recreational environments, celebrating memorable experiences and positive connections.

## **Opportunity Overview**

We are looking for Group Exercise Instructors who are interested in teaching Aquafit to join our team as independent contractors/freelancers.

The Group Exercise Instructor is a key service position in the Fitness Section at The Boulevard Club. They will strive to provide excellent service, guidance, and supervision of physical fitness while at the Club. They will also ensure injury prevention and that members' needs are being met.

## The freelance Group Exercise Instructor position involves the following tasks:

- Supervise and lead group fitness classes of varying intensities and styles.
- Monitor intensity and wellbeing of participants and report any accidents or incidents as necessary.
- Ensure injury prevention measures and safe activities are prescribed for all participants.
- Maintain qualifications and own insurance, in addition to remaining in good standing with the appropriate certifying bodies.

## **Oualifications**

- Current fitness certification is required
- Current CPR/AED certification
- Ability to meet physical requirements of the position regarding lifting exercise equipment and demonstrating safe exercises
- Creative team-player who is comfortable with teaching and training both in-person and online
- Self-motivated individual with welcoming energy and engaging attitude

Interested applicants are invited to forward their resumes to **ggentle@boulevardclub.com**. We thank all candidates for their interest, however only those being considered for an interview will be contacted.

Pay: Commission Based \$55-\$75

Class Days & Times: Monday at 10am Wednesday at 10am Friday at 10am

The Boulevard Club is an inclusive work environment and, as such, has a workplace accommodation policy in place. Accommodations are available, upon request, for the interview process and other selection stages for job applicants with accessibility needs. Please contact Human Resources to discuss further.