

CALA GROUP AQUAFITNESS SPECIALTY TRAINING & CERTIFICATION

THE CHARLENE KOPANSKY METHOD



Septemeber 13, 14, 15, 2024
Burnhamthorpe Community Centre
1500 Gulleden Drive, Mississauga, ON., L4X 2T7

Live Learning On-Site 

Earn CECs with canfitpro, BCRPA, SPRA, CFES, NBFA. If repeating the course earn 8 CALA CECs. If AFLCA Certified, petition for credits [AFLCA CEC Petition Application forms](#)

This Specialty course provides the tools necessary to facilitate safe, innovative group aqua fitness classes. Experience top-notch training and access to up-to-date information. Based on practical application of the theory, CALA focuses on an integrative approach to learning encouraging the body to move, the mind to discover and the spirit to soar. Recognized as the gold standard in aqua fitness leadership training, CALA provides solid research-based programs in both deep and chest deep water to meet the diverse needs of our communities.

WHERE: Burnhamthorpe Community Centre, Mississauga, ON.

WHO: CALA Trainer, Jaye Graham

WHEN: Fri Sept 13 from 5:00pm – 9:00pm (EST) Pool: 5:30pm – 7:00pm
Sat Sept 14 from 8:00am – 5:00pm (EST) Pool: 10am – 1pm
Sun Sept 15 from 8:00am – 5:00pm (EST) Pool: 10am – 12:30pm

Note: Pool times are subject to change

CALA Members: \$280 + tax Add \$35 on or before Sept 6, 2024
Non-Member Renewing Now: \$339 + tax Add \$35 after Sept 6, 2024

You will receive a digital copy of the GAF manual & GAF Assignment & Assessment template.
Add \$45 + tax for shipping the printed copy of the GAF manual.

To register, Email the completed registration form to: cala_aqua@mac.com

GAF Assignment Submission Date: December 6, 2024

GAF Practical Assessment booked on ZOOM or live at the facility or video.

**CALA GROUP AQUAFITNESS SPECIALTY TRAINING & CERTIFICATION COURSE -
REGISTRATION FORM**

Sept 13, 14, 15, 2024 – Burnhamthorpe CC, Mississauga

Name: _____ CALA Member # _____
 Address: _____ Joining Now cost is tax included in fees below \$59+tx)
 City: _____ Home Tel. #: _____
 Province: _____ Work Tel. #: _____
 Postal: _____ Cell Phone #: _____
 Email 1 _____ Email 2 _____

Course Option	Membership Status	Includes	Fees + \$35 after Sept 6
Group Aquafitness Specialty Training & Certification Course	Current CALA Member	Course GAF Manual will be electronically transferred for you to print, 20hrs Training, GAF Assignment & GAF Assessment	\$280 + tax
	Non-Member Joining Now	Course GAF Manual will be electronically transferred for you to print, 20hrs Training, Open-book Theory Exam to be scheduled plus Membership for one year	\$339 + tax
Refresher GAF Course	Current member	Includes 8 CECs for repeating the GAF Course	\$150 + tax
Note: if you want CALA to mail a printed copy of the GAF manual to you, then add \$45 + tax to the fees listed			

CECS: CALA members: Refreshing the GAF – includes 8 CALA CECs + a CEC certificate if requested

PAYMENT: CALA accepts EFT and e-transfer to cala_aqua@mac.com or cheques to CALA Inc., 125 Lilian Dr., Toronto, ON., M1R 3W6

Amount Paid: \$ _____

No refund for withdrawal from workshop. Fees can be applied to future CALA events.

To register: Email completed registration form to cala_aqua@mac.com

WAIVER AGREEMENT Please check that you agree to the following WAIVER

I agree to forever release, discharge, fully indemnify and save harmless, the Canadian Aquafitness Leaders Alliance Inc (CALA), the facilities, and all promoters, sponsors and their representatives and successors, and their assigns from any and all claims, demands and expenses whatsoever on account of damage to or loss of property, physical or mental injury or death.

I verify that I have been involved in a physical training program and that I am physically fit and do not suffer from any disability, physical ailment nor am I taking any medication that would cause me harm or limit my participation.

I hereby affirm that I have carefully read, fully understand and agree to the above and that I am of legal age to execute this form as a legal document.

Email form to cala_aqua@mac.com

You can also use the Adobe Acrobat "Fill and Sign" feature to complete the form

PAYMENT PLAN AVAILABLE – 3 payments date Email CALA to arrange this cala_aqua@mac.com

CALA Certification Process:

- Step 1. Complete the Vertical Water Training 1.5 hour open-book Multiple Choice Theory Exam
- Step 2. Complete the Group Aqua Fitness Course
- Step 3. Complete and submit the GAF Assignment (30-minute mini-class plan)
- Step 4. Book a GAF Practical Assessment (submit a 30-minute video, or book an assessment on ZOOM)

On rare occasions, it is necessary to shift CALA Training dates, times, and topics. Thank you for your kind understanding