



**CALA HEALING WATERS AQUA ARTHRITIS & JOINT DISORDERS
SPECIALTY TRAINING & CERTIFICATION COURSE
November 14, 15, 16, 2025
Mississauga Valley Community Centre, Mississauga, ON**

Accreditation: Earn 8 CALA CECs. Also accredited by canfitpro, CCAA, OFC, BCRPA, SPRA, LSS, YMCA, NSFA, NBFA, CPTN, AFLCA, CFES.

This Aquatic Post Rehabilitation Program is designed to provide high quality, current, research-based training and certification in aquatic post rehabilitation focusing on Aqua Arthritis and Joint Replacement.

PRE-REQUISITE: CALA Foundations of Vertical Water Training Course or Completion of a Letter of Acceptance to Bypass the VWT Course

WHEN: Agenda, subject to change. Registrants will receive a Welcome letter detailing the classroom and therapy pool times on or before August 25, 2025.

Fri. Nov 14, 5:00pm – 9:00pm

Sat. Nov 15, 9:00am – 6:00pm

Sun. Nov 16, 9:00am – 6:00pm

PRICE:

CALA Members: \$550 + tax (13%) **Add \$35 + tax after October 31, 2025**

Non-Members: \$609 + tax (13%) **Add \$35 + tax after October 31, 2025**

If you want to repeat the CALA Healing Waters Course, earn 8 CECs: \$150 + tax

You will receive a digital copy of the HW manuals Resources & HW Assignment & Assessment template. Add \$150 + tax for shipping the printed copy of the HW manuals.

To register, Email the completed registration form (see next page) to: cala_aqua@mac.com

Completing Certification in the Healing Waters Specialty

- 1. HW Open book theory exam: Available in person in Mississauga or on ZOOM**
- 2. HW Assignment Submission Date: on or before December 21, 2025.**
- 3. HW Practical Assessment booked on ZOOM or live at the facility or video.**

CALA HEALING WATERS SPECIALTY CERTIFICATION COURSE - REGISTRATION FORM

November 14, 15, 16, 2025 Mississauga Community Centre., Mississauga, ON

NOTE: All City of Mississauga Staff registrants. Add Mississauga Staff beside your name on this form and email to cala_aqua@mac.com

Name: _____ CALA Member # _____
Address: _____ ☐ Joining Now cost is tax included in fees below (\$59+tx)
City: _____ Home Tel. #: _____
Province: _____ Work Tel. #: _____
Postal: _____ Cell Phone #: _____
Email 1 _____ Email 2 _____

Course Option	Membership Status	Includes	Fees + \$35 after Oct 31 2025
HEALING WATERS Specialty Training & Certification Course	Current CALA Member	Course HW Manual & RESOURCES will be electronically transferred for you to print, 20hrs Training, HW EXAM, Assignment & Assessment	\$550 + tax
	Non-Member Joining Now	Course HW Manuals & RESOURCES will be electronically transferred for you to print, 20hrs Training, Open-book Theory Exam to be scheduled plus Membership for one year	\$609 + tax
Refresher HW Course	Current member	Includes 8 CECs for repeating the HW Course	\$150 + tax

Note: if you want CALA to mail a printed copy of the HW manual & resources mailed to you, add \$150 + (13%) tax to the fees listed

PAYMENT: CALA accepts EFT and e-transfer to cala_aqua@mac.com Amount Paid: \$ _____

No refund for withdrawal from this HW course.

To register: Email completed registration form to cala_aqua@mac.com

WAIVER AGREEMENT Please check ✓ that you agree to the following **WAIVER**

☐ I agree to forever release, discharge, fully indemnify and save harmless, the Canadian Aquafitness Leaders Alliance Inc (CALA), the facilities, and all promoters, sponsors and their representatives and successors, and their assigns from any and all claims, demands and expenses whatsoever on account of damage to or loss of property, physical or mental injury or death.
I verify that I have been involved in a physical training program and that I am physically fit and do not suffer from any disability, physical ailment nor am I taking any medication that would cause me harm or limit my participation.
I hereby affirm that I have carefully read, fully understand and agree to the above and that I am of legal age to execute this form as a legal document.

PAYMENT PLAN AVAILABLE – 3 payments date Email CALA to arrange payment plan.

CALA Certification Process

- Step 1. Complete the HW Course
- Step 2. Complete the HW open-book Theory Exam: in person or on ZOOM.
- Step 3. Complete and submit the HW Assignment & case study (30-minute mini-class plan) on or before **December 21, 2025**
- Step 4. Book a HW Practical Assessment (submit a 30-minute video, or book an assessment on ZOOM or live at facility) on or before March 31, 2026

On rare occasions, it is necessary to shift CALA Training dates, times, and topics. Thank you for your kind understanding