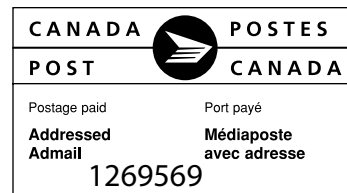


REGISTRATION:



Name: first _____
last _____

Address: _____ City: _____

Prov/State: _____ Country: _____ Postal Code: _____

Home/Cell ph: _____ Work ph: _____ Fax: _____

Email: _____ This is a new last name. Previous name: _____

This is my home address club address Check here if you previously phoned in your registration.

Method of Payment <input type="checkbox"/> Cheque <input type="checkbox"/> Money Order <input type="checkbox"/> Visa <input type="checkbox"/> Master Card	
Card # _____	Expiry (mm/yy): _____
Authorization Signature: _____	Name on Card: _____
Spring Conference – March 22, 23, 24 CALA MEMBER FEES: EARLY BIRD – On or before Mar 4	
Aqua Yoga Intro: \$264 (includes Course Manual) * Add Friday Afternoon & Evening Sessions: for \$169 more	
Following Choices DO NOT include the Aqua Yoga Intro Training	
<input type="checkbox"/> One Day Only: \$189 <input type="checkbox"/> Any Two Days: \$259 <input type="checkbox"/> All Three Days: \$299	
CALA MEMBER FEES: REGULAR – Mar 5 – 19, Add \$30 + tax	
CALA MEMBER FEES: LATE – After Mar 19, Add \$50 + tax	
Mandatory Facility Fee collected for City of Kitchener: Add \$15 + tax	
Option to join/renew CALA membership & enjoy membership prices above: Add \$49 + tax	
NON-MEMBER FEES: Add \$35 + tax to fees above	
Bonus – Lunch is included Saturday and Sunday	
Saturday Night Celebration Dinner Party!: Add \$45	
TOTAL (+ 13% tax):	

Bring your own flotation belt! Belts available for purchase on site.

Indicate first and second choice.

Fri Mar 22

9am–3:15pm

1 Aqua Yoga Intro
OR

Starting at 1pm–3pm

2 Energy to Burn

Choose 3a or 3b: 3:15pm–5:45pm

3a Sport Specific

3b Aqua Rock

Choose 4a or 4b: 6pm–9:30pm

4a Crunch Muscle Max

4b HydroRider Interval

Sat Mar 23

Choose 5 only: 8am–9:30am

5 Celebrate 20 years

Choose 6a, 6b, or 6c: 10am–1:15pm

6a Nutrition 911/Aqua Flow II

6b Double Trouble/Bender Ball

6c Common Conditions/Chronic Pain

Choose 7a, 7b, or 7c: 2:15pm–5:30pm

7a Art of Aqua PT

7b Inspire Me/Amazon Arms/360x180

7c Strike a Pose/Tap into Calm

Choose 7d only: 7:30pm–10:30pm

7d Celebration Dinner Party!

Sun Mar 24

Choose 8am, 8b, or 8c: 7:30am–9am

8a Water Works

8b The Boys

8c The Girls

Choose 9a, 9b, or 9c: 9:30am–12:30pm

9a 30,20,10/H2ORunner

9b Choreography/World Stage

9c Falls /Joint Replacement

Choose 10a, 10b, or 10c: 1:30pm–4pm

10a Acro-Aqua Partner Up

10b Triple Mix

10c Aqua Flow 1/Aching Body

Choose 11 only: 4:15pm–5:15pm

11 Grande Finale Celebration!